



Mitha Telia
Aconitum violaceum
Photo by: B.S.Rana, IFS



Bach/Bare

Acorus calamus

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Sathjalori

Aenselia aptera

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Neelkanthi

Ajuga bracteosa

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Farn

Allium humile

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Jungli Kuth

Arctium lappa

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Ratanjot

Arnebia euchroma

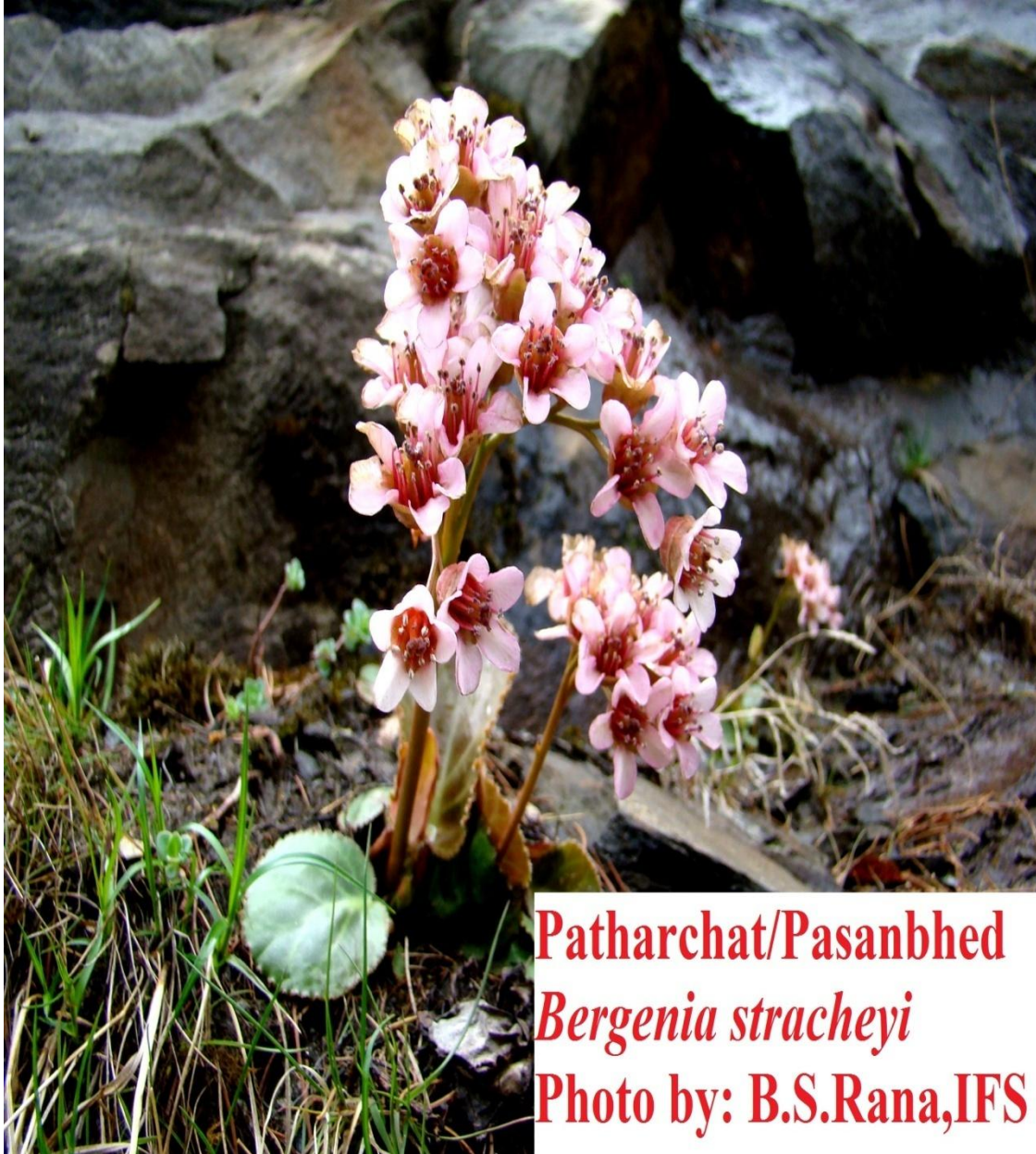
Photo by: B.S.Rana, IFS



Kashmal/Daruhaldi

***Berberis* spp.**

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Patharchat/Pasanbhed
Bergenia stracheyi
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Bhojpattar

Betula utilis

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Kala Zira
Bunium persicum
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Tejpatra

Cinnamomum tamala

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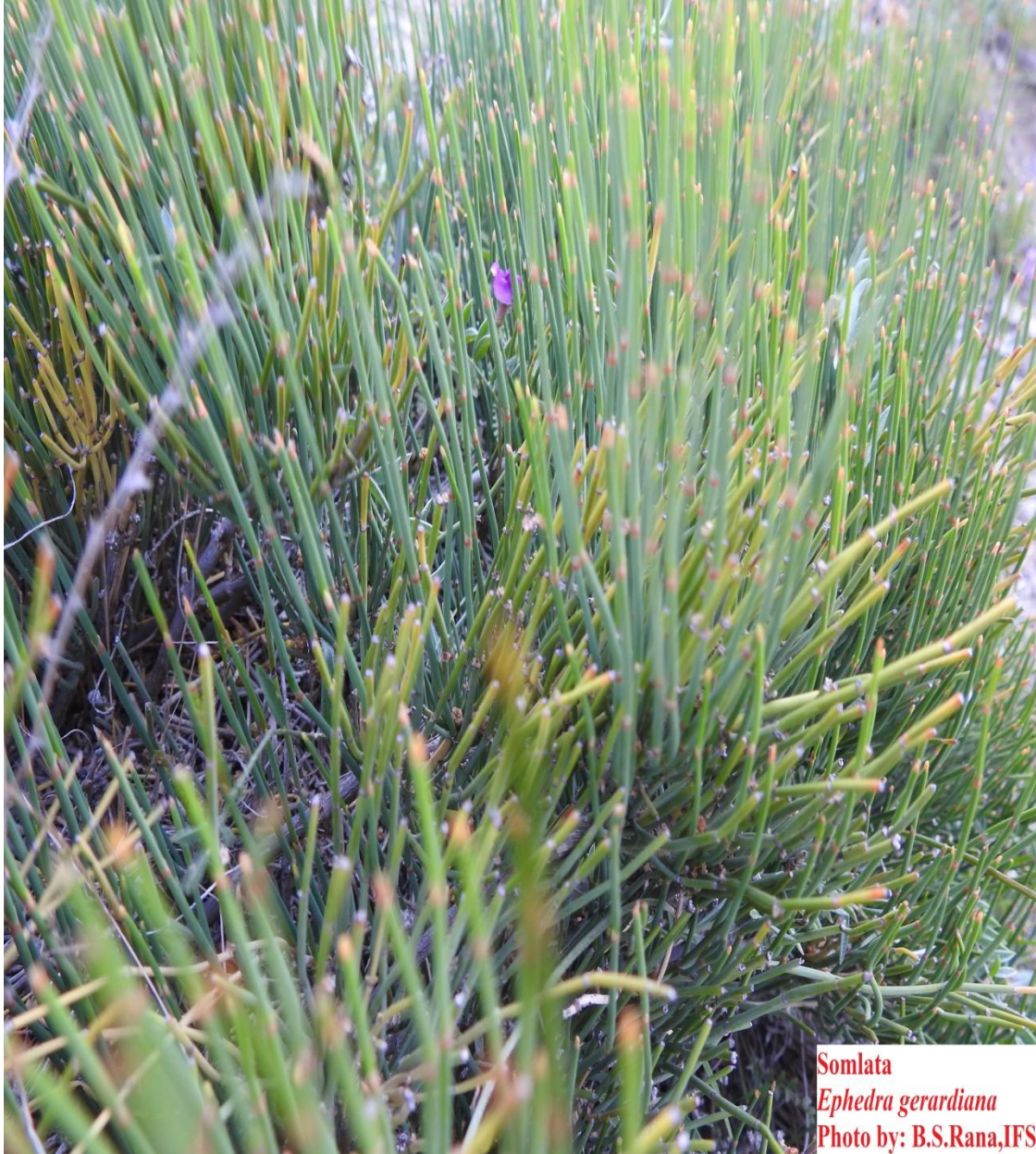
Suranjan Kadvi

Colchicum luteum

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Salam Panja
Dactylorhiza hatagirea
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Somlata

Ephedra gerardiana

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Kakoli/Ban lahsun/Mustanda

Fritillaria roylei

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Kutki

Gentiana ornata

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Kharera/Basant

Hypericum patulatum

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Hauber

Juniperus communis

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Bether Patta

Juniperus macropoda

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Ksheer Kakoli

Lilium polyphyllum

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Guchhi/Cheun

Morchella esculenta

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Karu/Kutki

Picrorhiza kurroa

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Paper Cup Flower
Pleurospermum clendollei
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Ban Kakri

Podophyllum hexandrum

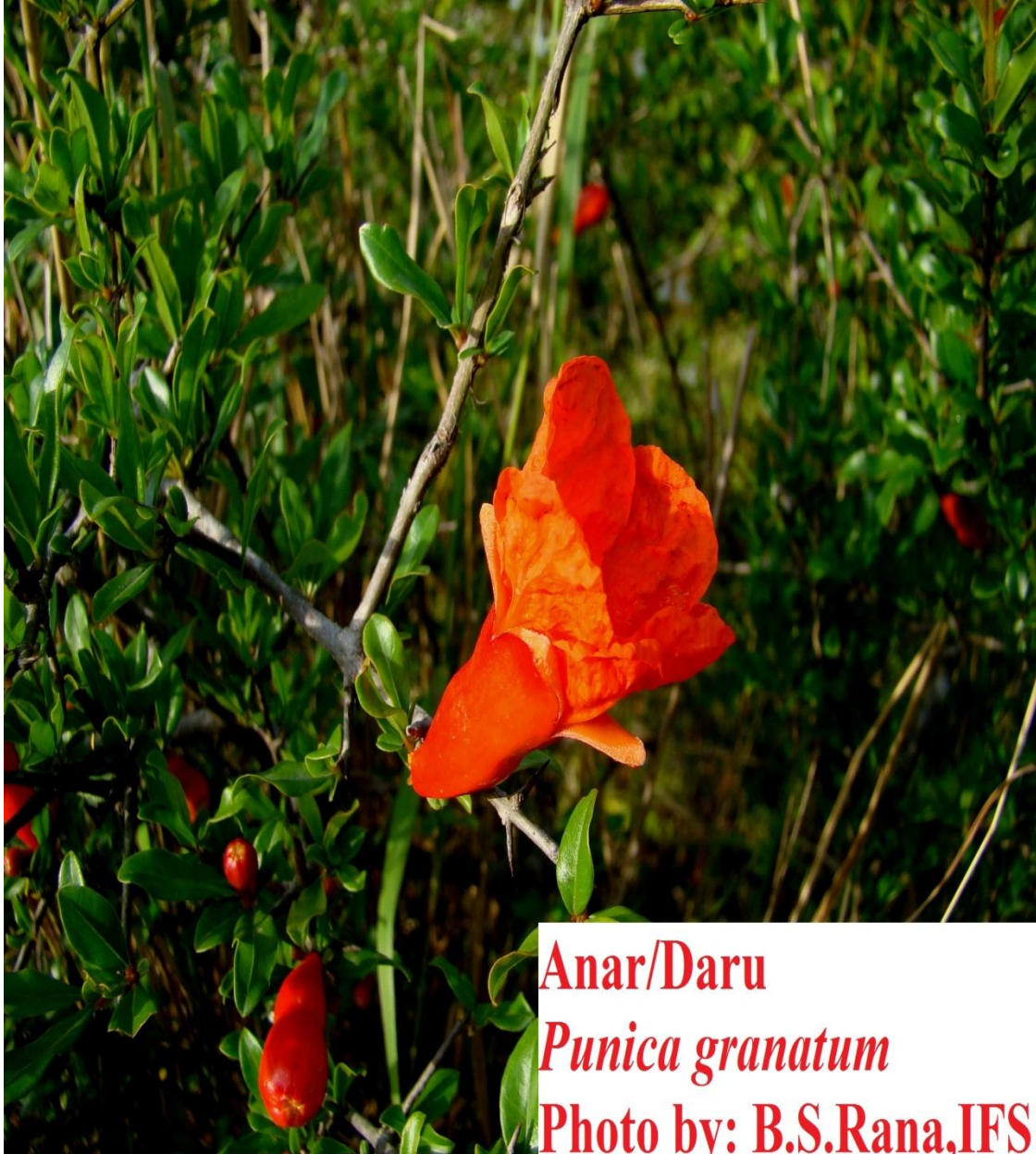
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Salam Mishri

Polygonatum cirrhifolium

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Anar/Daru

Punica granatum

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Revand Chini
Rheum webbianum
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Tallish Patra

Rhododendron anthopogon

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Brash/Burah

Rhododendron arboreum

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Kashmiri Patta
Rhododendron companulatum
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Atarasu/Talshi

Rhododendron lepidotum

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Bindi Phool

Colebrookia oppositifolia

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Kakoli

Roscoea alpina

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Salvia

Salvia lanata

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Thuth

Salvia moorcroftiana

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Kuth

Saussurea costus

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Brahma Kamal
Saussurea obvallata
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Chirata/Chirayita
Swertia chirayita
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Dhudhi/Dandelion

Taraxacum officinale

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Mamini

Thalictrum foliolosum

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Ban Ajwain
Thymus serpyllum
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Giloe/Guduchi

Tinospora cordifolia

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Banafshah

Viola canescens

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Ashvagandha
Withania somnifera
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Dhatki/Dhai

Woodfordia fruticosa

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Tirmir

Zanthoxylum armatum

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